

# The **Good News** that John Wrote

***...that you may believe that  
Jesus is the Christ, the Son of  
God, and that believing you  
may have life in his name.***

**John 20.31**

***Life in the Spirit***

# Objectives of the Class

- To behold in our hearts the glory of Christ
- To participate more deeply in life in the Spirit
- To become more conformed to His image
- To pray for and encourage one another

# Prayer Before Reading Scripture

Shine within our hearts, loving Master, the pure light of Your divine knowledge and open the eyes of our minds that we may comprehend the message of Your Gospel. Instill in us also reverence for Your blessed commandments, so that having conquered all sinful desires, we may pursue a spiritual life, thinking and doing all those things that are pleasing to You. For You, Christ our God, are the light of our souls and bodies, and to You we give glory together with Your Father who is without beginning and Your all holy, good, and life giving Spirit, now and forever and to the ages of ages. Amen.

# John 13.1-17

## Some Context from the Luke 22.14-27

There arose also a contention among them, which of them was considered to be greatest.

## Some Context from the Luke 22.14-27

He said to them, “The kings of the Gentiles lord it over them, and those who have authority over them are called ‘benefactors.’

## Some Context from the Luke 22.14-27

But not so with you. But one who is the greater among you, let him become as the younger, and one who is governing, as one who serves.

## **Some Context from the Luke 22.14-27**

**For who is greater, one who sits at the table, or one who serves? Isn't it he who sits at the table? But I am in the midst of you as one who serves.**



## John 13.1

It was now the day before the Passover Festival. Jesus knew that the hour had come for him to leave this world and go to the Father. He had always loved those in the world who were his own, and he loved them to the very end.

## John 13.2

Jesus and his disciples were at supper. The Devil had already put into the heart of Judas, the son of Simon Iscariot, the thought of betraying Jesus.

## John 13.3

Jesus knew that the Father had given him complete power; he knew that he had come from God and was going to God.

## John 13.4-5

So he rose from the table, took off his outer garment, and tied a towel around his waist. Then he poured some water into a washbasin and began to wash the disciples' feet and dry them with the towel around his waist.

## John 13.6

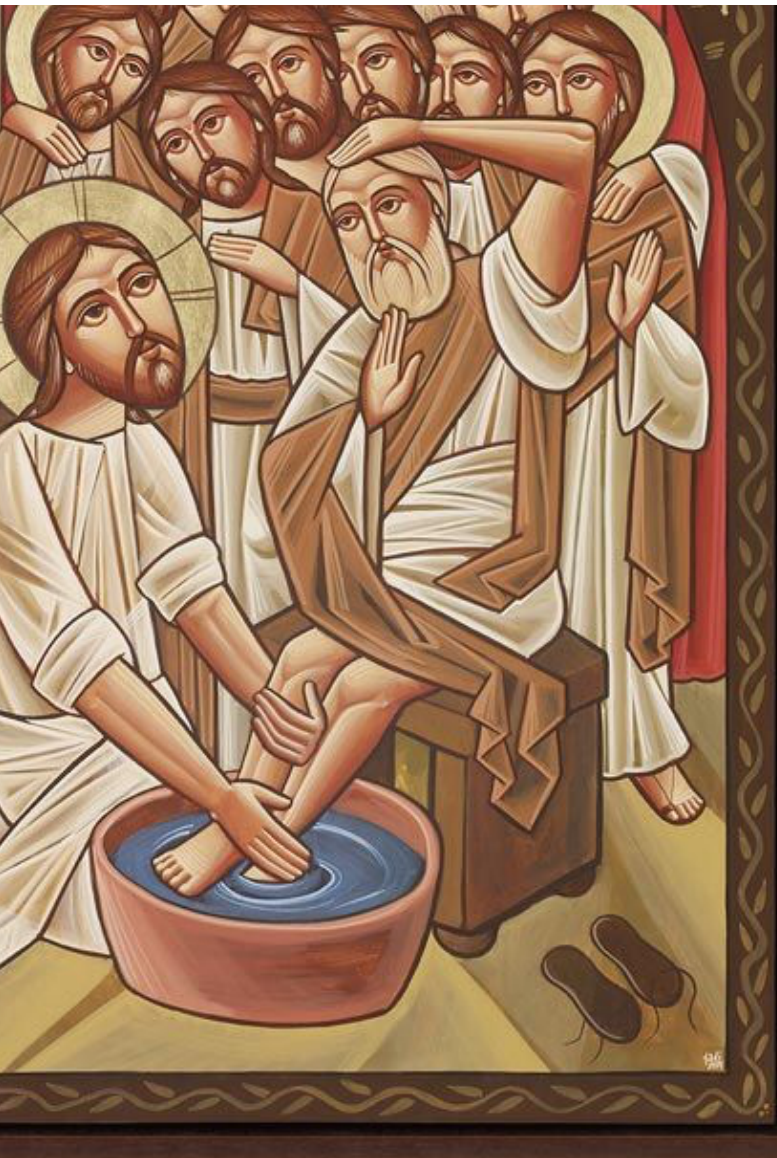
He came to Simon Peter, who said to him, “Are you going to wash my feet, Lord?”

## John 13.7

Jesus answered him, “You do not understand now what I am doing, but you will understand later.”

## John 13.8

Peter declared, “Never at any time will you wash my feet!”  
“If I do not wash your feet,”  
Jesus answered, “you will no longer be my disciple.”



## John 13.9

**S i m o n      P e t e r**  
answered, “Lord, do  
not wash only my  
feet, then! Wash my  
hands and head,  
too!”



## John 13.10a

Jesus said, "Those who have taken a bath are completely clean and do not have to wash themselves, except for their feet."

**If I do not wash your feet, you will no longer be my disciple.**

## **An Additional Interpretation**

**St. Cyril of Alexandria & Bishop Gerasimos Papadopoulos**

- Our entire being is cleansed in Holy Baptism and the sanctification of the Holy Spirit.
- Our feet needing to be washed refers to the sins we commit after baptism, which are cleansed in the mystery of confession.

## John 13.10b-11

All of you are clean—all except one.” (Jesus already knew who was going to betray him; that is why he said, “All of you, except one, are clean.”)

## John 13.12

After Jesus had washed their feet, he put his outer garment back on and returned to his place at the table. “Do you understand what I have just done to you?” he asked.

## John 13.13

**“You call me Teacher and Lord, and it is right that you do so, because that is what I am.**

## John 13.14

I, your Lord and Teacher, have just washed your feet. You, then, should wash one another's feet.

## John 13.15

I have set an example for you,  
so that you will do just what I  
have done for you.

## John 13.16

I am telling you the truth: no slaves are greater than their master, and no messengers are greater than the one who sent them.



## John 13.17

Now that you know this truth,  
how happy\* you will be if you  
put it into practice!

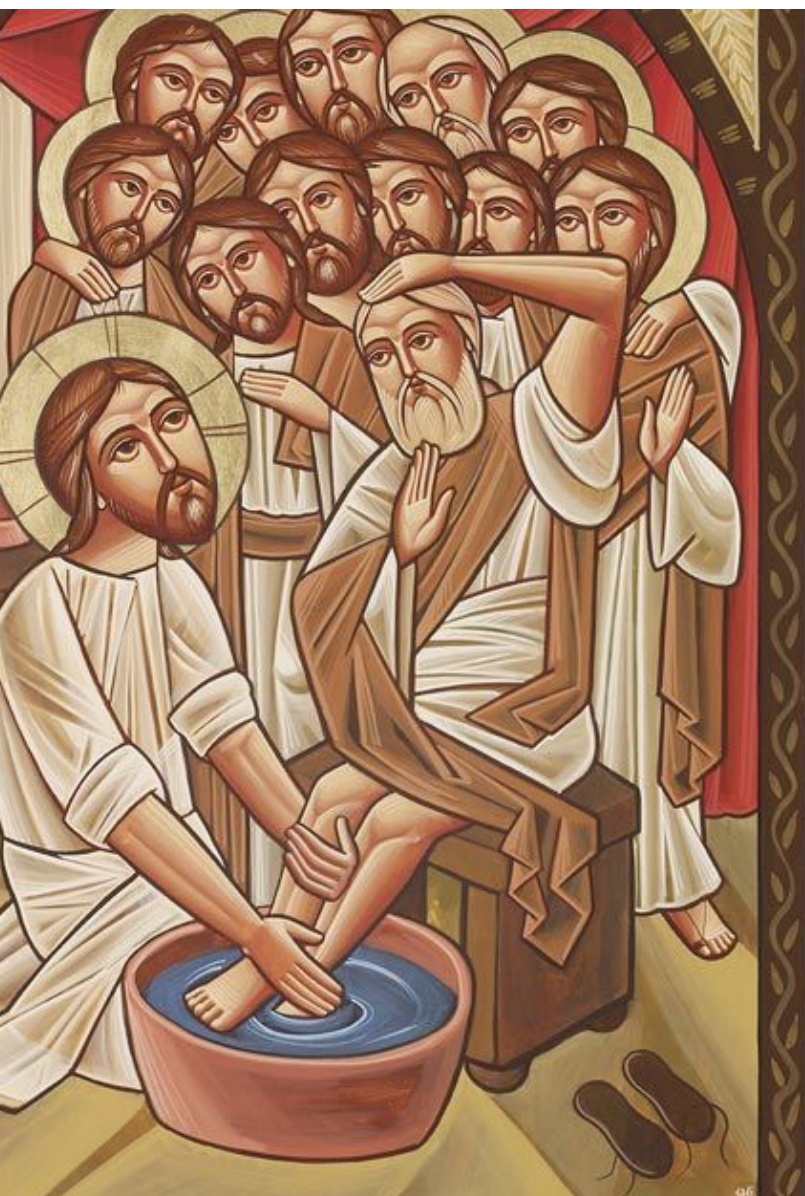
\* μακάριοι < μακάριος = blessed

## Philippians 2.3-4

Don't do anything from selfish ambition or from a cheap desire to boast, but be humble toward one another, always considering others better than yourselves. And look out for one another's interests, not just for your own.

## Philippians 2.5-6

The attitude you should have is the one that Christ Jesus had: He always had the nature of God, but he did not think that by force he should try to remain equal with God.



## Philippians 2.7

Instead of this, of his own free will he gave up all he had, and took the nature of a servant. He became like a human being and appeared in human likeness.

## Philippians 2.8

He was humble and walked the path of obedience all the way to death— his death on the cross.

## Philippians 2.9

For this reason God raised him to the highest place above and gave him the name that is greater than any other name.

## Philippians 2.10-11

And so, in honor of the name of Jesus all beings in heaven, on earth, and in the world below will fall on their knees, and all will openly proclaim that Jesus Christ is Lord, to the glory of God the Father.

**Questions?**  
**Comments?**